

## Day Camp 2010

### Bears

#### WHAT MAKES AMERICA SPECIAL?

A. Write or tell what makes America special to you.

J. Complete the Character Connection for Citizenship.

- \* Know. Tell ways some people in the past have served our country. Tell about some people who serve our country today. (Don't forget about 'ordinary' people who
- \* Commit. Tell something that might happen to you and your family if other people were not responsible citizens. Tell one thing you will do to be a good citizen
- \* Practice. Tell three things you did in one week that show you are a good citizen.

- 1 Learn how to raise and lower a U.S. flag properly for an outdoor ceremony.
- 2 Participate in an outdoor flag ceremony

#### LAW ENFORCEMENT IS A BIG JOB

Do all six requirements.

- a. Practice one way police gather evidence: by taking fingerprints, or taking shoeprints, or taking tire track casts.
- b. Visit your local sheriff's office or police station or talk with a law enforcement officer visiting your den or pack to discuss crime prevention.
- c. Help with crime prevention for your home.
- d. Be sure you know where to get help in your neighborhood.
- e. Learn the phone numbers to use in an emergency and post them by each phone in your home.
- f. Know what you can do to help law enforcement.

#### WHAT'S COOKING?

With an adult, cook something outdoors.

#### BE READY!

Do requirements a through e and requirement g. Requirement f is recommended, but not required.

- a. Tell what to do in case of an accident in the home. A family member needs help. Someone's clothes catch on fire.
- b. Tell what to do in case of a water accident.
- c. Tell what to do in case of a school bus accident.
- d. Tell what to do in case of a car accident.
- e. With your family, plan escape routes from your home and have a practice drill.
- f. Have a health checkup by a physician (optional).
- g. Complete the Character Connection for Courage.

- \* Know. Memorize the courage steps: Be brave, Be calm, Be clear, and Be careful. Tell why each courage step is important. How will memorizing the courage
- \* Commit. Tell why it might be difficult to follow the courage steps in an emergency situation. Think of other times you can use the courage steps. (St
- \* Practice. Act out one of the requirements using these courage steps: Be brave, Be calm, Be clear, and Be careful

#### GAMES, GAMES, GAMES!

Do two requirements.

- a. Set up the equipment and play any two of these outdoor games with your family or friends.  
(Backyard golf, Badminton, Croquet, Sidewalk shuffleboard, Kickball, Softball, Tetherball, Horseshoes, Volleyball)
- b. Play two organized games with your den.
- c. Select a game that your den has never played. Explain the rules. Tell them how to play it, and then play it with them.

#### BUILDING MUSCLES

Do physical fitness stretching exercises. Then do curl-ups, push-ups, the standing long jump, and the softball throw.

#### 1 SHAVINGS AND CHIPS

Do all four requirements.

- a. Know the safety rules for handling a knife.
- b. Show that you know how to take care of and use a pocketknife.
- c. Make a carving with a pocketknife. Work with your den leader or other adult when doing this.
- d. [They earned the Whittling Chip card <http://mail2.katv.com/exchweb/bin/redir.asp?URL=http://www.boysscouttrail.com/content/award/whittling\\_chip-434.asp>](http://www.boysscouttrail.com/content/award/whittling_chip-434.asp).

#### Cub Scout Outdoor Activity Award - Bear

#1, 3-1, 2, 3, 5, 11

#### Leave No Trace-Bear

#1, 2, 4, 5, 6

#### Belt Loops

Art, Nutrition, Good Manners, Archery, BB, Science, Weather, Kickball, Hiking

#### Pins

Archery

BB

Art (1,2,3,4,5,6,8,11)

#### Items Completed at Crafts:

Achievement 18 E

Elective 9a

\*\*\*If the Junior USA Shooting Team Patch was earned, it will be presented to your Cubmaster at the next District Roundtable.