## Wilderness First Aid Course 2019

WHERE:

Blass Scout Reservation Bowen Lodge Damascus, AR



WHEN:

March 29th (6pm-10pm) March 30th (8pm-8pm) March 31st (8am-12noon)

<u>What is it?</u> Wilderness First Aid (WFA) is the assessment of and treatment given to an ill or injured person in a remote environment where definitive care by a physician and/or rapid transport is not readily available. This is a 16 hours course and will take at least 16 hours to complete. CPR will be included on Sunday afternoon if needed.

<u>Why is this important?</u> This course goes far beyond what you may know as "first aid". While it contains substantial medical information and teaches skills required for medical emergencies in the wild, the deeper purpose is to train participants to manage acute situations. The bottom line is this: Better decision-making at the incident scene miles from base facilities can save valuable time and human resources. It can save lives too. (This course is also a requirement to facilitate high adventure treks at all National High Adventure Bases.)

## **APPLICATION FOR WILDERNESS FIRST AID**

You are encouraged to register on-line at <u>QuapawBSA.org</u> or scan the QR Code above. You may also reserve a place in the course and pay your course fee by mailing or your application and check to: Quapaw Area Council-Boy Scouts of America, 3220 Cantrell Road, Little Rock, AR 72202. **Please fill out completely.** 

Council/Group	District	Unit		
Full Name:	e-Mail			
Address	City	_StateZip		
Best Phone # ()	Date of Birth			
Emergency Contact:	Phone # ( <u>)</u>			
METHOD OF PAYMENT: [ ] On-line	[ ] CHECK [ ] CREDIT CA	RD <b>COURSE FEE</b> : \$55		
Camping is free. Some limited cooking space is available. Bring your own food!				
For Credit Card Payments:				
NAME ON CARD	_CARD NUMBER:	EXP:		
Cardholder Signature				











## **Wilderness First Aid Training Opportunity**

## Course modules:

Patient assessment	Heat related problems
Chest injuries	Lightning
Shock and Treatment	Altitude illnesses
Head (brain) and spinal injuries	Submersion incidents
Bone and joint injuries	Allergies and anaphylaxis
Wounds and wound infection	Wilderness first-aid kits
Abdominal problems	Bleeding Control
Hypothermia	Scenarios

Prerequisites: Must be 18 or older and have current CPR/AED Certification from an accredited source or must complete CPR/AED certification within 3 months. No card will be given without CPR/AED certification.

Cost: \$55 per person (online registration) Space is limited to 24. (Deadline 3/18/19)

Training Facility: Bowen Lodge at Gus Blass Scout Reservation. Camping area will be across the street. You will need to bring all of you own camping equipment. We have a kitchen in Bowen Lodge for food preparation, quick cooking and a grill.

Dates and times: Friday March 29<sup>th</sup> (6pm-10pm), Saturday March 30<sup>th</sup> (8am-8pm), Sunday March 31th (8am-12noon)

What to bring: Backpack with usual gear for a wilderness camping trip (backpack, clothing, cooking gear, sleeping pad, sleeping bag, emergency first aid kit, etc.).

This is a hands-on training course. Be prepared for outdoor instruction in any weather. Head lamps/flashlights will be needed. It will likely be cold and/or wet outside. You must be there for the entire course, including evening classes.

For more information visit: QuapawBSA.org

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Dr. Laura Williams – Instructor Dr. John Gillespie – Instructor Justin Clark – Program Director

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501.664.4780

Michelle Parish, APN - Instructor Ken Mayo – Instructor